



RSHE and PSHE at St Joseph's

Created and Loved by God

- Religious Understanding
- Me, My Body, My Health
- Emotional Wellbeing
- Life Cycles

Created to Love Others

- Religious Understanding
- Personal Relationships
- Life online and safety online
- Healthy relationships through the lens of families and friendships
- Keeping Safe

Created to Live in Community

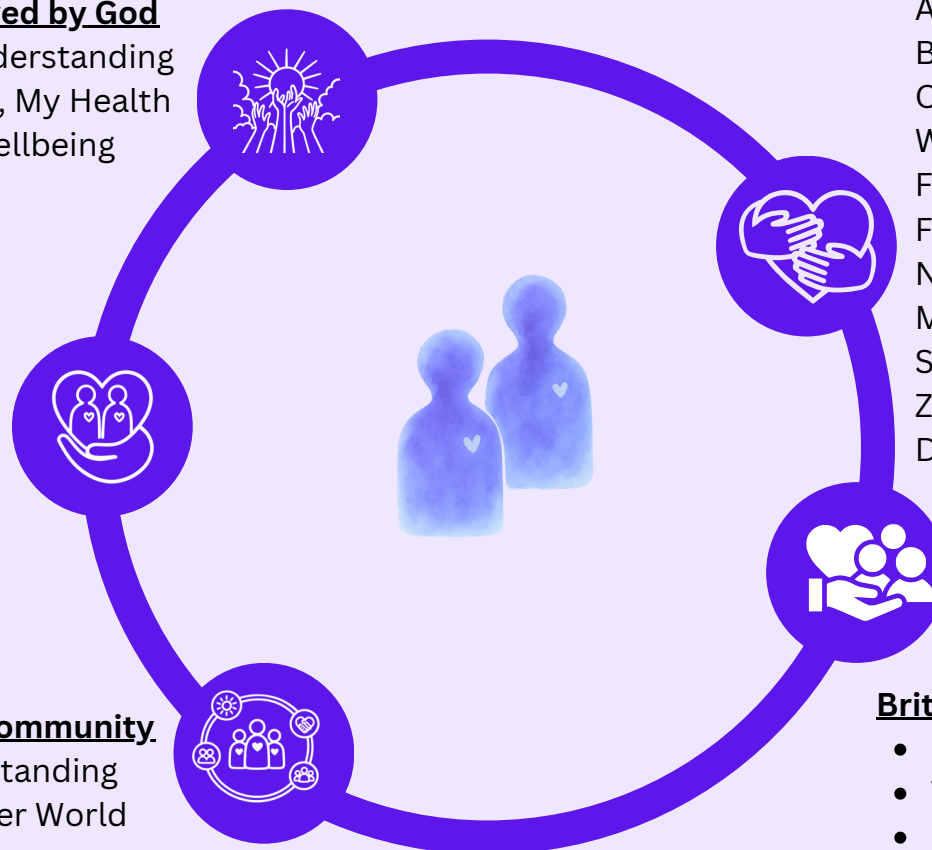
- Religious Understanding
- Living in the Wider World
- Community
- Belonging

Enrichment

Anti-bullying Week
Bikeability (Year 5)
Children's Mental Health and Wellbeing week
Feet First (Year 3)
First Aid (Year 5)
NSPCC workshops
Money Matters
Safer Internet Week
Zones of Regulation
Disability and neurodiversity week

British Values

- Democracy
- The Rule of Law
- Individual Liberty
- Mutual Respect and Tolerance



Skills

Knowledge